

Coaching Services for Individuals

Strategic Career Management

Ideal Candidates For Strategic Career Management Coaching

- Someone who wants to strategically manage their career, seeks to better prepare themselves to take advantage of new career opportunities and/or desires to take their career to another level
- Someone who is interested in changing jobs, who has been in their current job for a long period of time and has not stayed current with job search skills
- Someone interested in changing careers
- Someone who would like personalized and customized Outplacement Services

Life Planning

Ideal Candidates For Life Planning Coaching

- Someone wanting more structure and discipline in their lives & needs an objective person involved
- Someone wanting a different life, who wants support in making a change personally and/or professionally (i.e. wants help in operating outside their comfort zone while in transition)
- Someone who wants a better life for themselves and needs help deciding best course of action
 - Personal, Professional, Spiritual and Physical aspects of their lives

Project/Goal Management

Ideal Candidates For Project/Goal Management Coaching

- Someone motivated to achieve goals already set for them at home or work who needs help structuring a plan to achieve their goals
- Someone with specific goal(s) personally or professionally who wants help in clarifying them & developing an implementation plan
- Someone needing help thinking through an entire process to achieve an outcome

Work/Life Balance

Ideal Candidates For Work/Life Balance Coaching

- Someone who finds themselves doing more for others than for themselves
- Someone who has made a decision to spend more time with family and friends and wants help in orchestrating a plan to make it happen
- Someone who needs help designing a professional development plan to improve themselves at work

Benefits of Coaching from TMG

WORK WITH AN ORGANIZATION THAT IS:

- Aligned with an executive search practice with strong client company relationships
- Passionate about strategic career management
- Action-oriented firm, i.e. we focus on how goals are accomplished vs. obstacles
- Committed to helping individuals maximize their impact personally and/or professionally
- Professional, dependable and committed to integrity

Coaching Deliverables

- Updated Resume (Career Development clients only unless requested in conjunction with other services)
- Coaching Process Summary (which provides an overview of the coaching plan for clients & what to do for each call)
- Coaching Action Plan