

# **BLUEPRINT FOR HOW TO WIN THE SPIRITUAL BATTLE**

## **The road to Jericho**

If we try to fight big business interest with the same kinds of weapons they use, we will be overpowered. We have neither the money nor the influence to propagate facts as broadly as the FDA can propagate misinformation. Our only hope is to use spiritual weapons as Joshua did at Jericho. We need to be strong, courageous and obedient as God exhorted Joshua after Moses' death. We need to take enough time for rest and spiritual cleansing as the Israelites were told to do the day they crossed the Jordan. We need to step forward with courage as the Levitical priests stepped into the deep waters of the Jordan – before God parted the waters for them. We may not always understand God's instructions, as when the army of Israel was commanded to walk around the walled city playing horns. They were forbidden to speak, which prevented them from grumbling or speculating about what God was requiring of them. Like the Israelites, we need to avoid negative communications – and even negative thinking – which could interfere with what God wants to do for us. It's all too easy for us to allow fear to take the upper hand, and God can't work through fear. By the seventh day, the defenders of Jericho were not ready for battle. Even if defeat seems inevitable, to borrow Winston Churchill's words, "They only thing we have to fear is fear itself." If we go in a spirit of prayer, the enemies of our health won't know what they're dealing with, but if we go in a spirit of fear, they will know all too well how to use our fears to defeat us. We have nothing to lose by preserving in prayer, but we have everything to lose by giving in to fear. We must keep preserving until our prayers are answered, no matter how long it may take.

## **UNDERSTANDING THE SECULAR MIND-SET**

### **Calling good evil and evil good**

We are living in a secular world where evils is called good and tolerance of evil is considered the ultimate virtue. We've gone from a value system based on absolute truth to a system where values change to suit the circumstances and belief in absolute truth is called intolerance or bigotry. Although multinational corporations and government agencies function as if God did not exist, that doesn't make it true. We must not underestimate the sovereignty of God even over a secular world.

### **Politically correct censorship**

We have gone from a system where the press had the freedom to publish the truth to a system where the major medials are owned by big business interests. TV networks, Newspapers, etc. are more interested in money and power than they are in the truth or the facts. When the facts don't support their agenda, the media resorts to name-calling. Their allies behind the scenes resort to blackmail, death threats and even mysterious so-called "suicides" to protect their interests.

### **It's a free country, isn't it?**

We are in this situation because we have trusted and depended on our government too much for too long. If we keep silent, our government can only be expected to grant what multinational corporations want: a monopoly on all products used to prolong or restore health. The laws that have been enacted to protect our access too dietary supplements can be repealed more easily than they were enacted in the first place, especially since they aren't being enforced now.

This country was founded by courageous men who believed that freedom was worth dying for. We need to take a courageous stand for the freedom to speak the truth about health and nutrition. Dr. Benjamin Rush, a signer of the Declaration of Independence, wrote: "Unless wee put medical freedom into the Constitution, the time will come when medicine will organize into an undercover dictatorship to restrict the art of healing to one class of men and deny equal privileges to others: The Constitution of this Republic should make a special privilege for medical freedom as well as religious freedom."

## **SPIRITUAL MIND-SET**

God will punish injustice, in his own time, even if it requires drastic means. It's not for us to choose if – or when – God will act. But, we must each decide whether to act courageously on his side, or whether we will serve injustice by silence and by compromise. We are not called to be successful, but we are called to take action and leave the results up to God. God will bless those who are prayerful and obedient. Gideon is an example of humble obedience. He knew he wasn't qualified to lead unarmed men into battle against a well -equipped army. But when God went Gideon and a band of men armed only with torches and clay jars into the enemy camp, God got the victory and the credit. Esther knew that even as Queen of Persia she could not approach the king uninvited without risking her life. But when the lives of all of the Jews in the known world were at risk, she fasted and prayed and took the risk, saying, "If I perish, I perish."

Without intercessory prayer, we can do nothing. We can do more than pray after we have prayed, but we cannot do more than pray until we have prayed. We need to pray for those whose health is at risk, for those who are blinded by lies and half-truths, and even for those who value power and money over the health of others.

Bruce Wilkinson, in *The Prayer of Jabez*, wrote about a little-know man who prayed what sounds like a selfish prayer. "And Jabez called on the God of Israel, saying 'O that you would bless me indeed, enlarge my territory, that your hand would be with me, and that you would keep me from evil, that I may not cause pain.'"

Jabez didn't tell God *how* to bless him, leaving that up to God. He did ask God to enlarge his sphere of influence, which God honored probably because Jabez was a righteous man. He also prayed that God's hand would be with him to help him, probably because a wider sphere of influence results in more work and more opposition. He also prayed for protection from evil, which sounds a lot like a phrase in what we call "the Lord's prayer." And lead us not into temptation, but deliver us from evil . . ." Finally, he was concerned about not causing harm – either to himself or to others.

PfAM is asking PfAM prayer supporters to join in praying the prayer of Jabez.

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